

# Palliative Care *It's more than you think.*



**Palliative care is high-quality health care and support for people living with a life-limiting illness and their families. It helps people live as well as possible by managing pain and symptoms to ensure their quality of life is maintained as the illness progresses.**

Palliative care identifies and treats symptoms and issues associated with a life-limiting illness which may be physical, emotional, spiritual or social. Palliative care is a family-centred model of care, meaning that family and carers can also receive practical and emotional support.

**How do I get palliative care or find more information?**

Speak to a healthcare professional for referral to palliative care services.  
For more information in the following languages, visit:



Mandarin  
“临终关怀：不止于此！”网站



Cantonese  
「舒緩治療：不止於此！」網站



Vietnamese  
Trang web Chăm sóc Giảm nhẹ:  
Điều này nhiều hơn những gì bạn nghĩ!



Hindi  
पैलिएटिव देखभाल: यह आपके अनुमान से ज़्यादा है! वेबसाइट



Arabic  
موقع الرعاية التلطيفية أكثر مما تعتقدون!



Spanish  
Sitio web Cuidados paliativos: ¡Son más de lo que usted piensa!



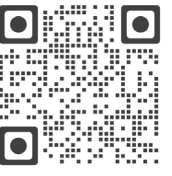
Italian  
Sito web Cure palliative: sono più di quanto pensate!



French  
Les soins palliatifs : Bien plus que vous croyez !



German  
Website Palliativversorgung – mehr, als Sie vielleicht meinen!



Greek  
Παρηγορητική φροντίδα: Είναι περισσότερο από αυτό που νομίζετε! ιστότοπος

Speak to a healthcare professional for a referral to palliative care services.  
For more information, visit the ‘Palliative Care: It’s more than you think’ Australia website at [morethanyouthink.org.au](http://morethanyouthink.org.au)



You can also contact the palliative care peak body in your relevant state or territory, which can be found at [palliativecare.org.au/members/](http://palliativecare.org.au/members/)



**PalliativeCare**  
AUSTRALIA

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